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To: ASA Members  
From: ASA Office  
Date: 17 March 2023  
No pages: 1 + 3 Attachments

Dear ASA Members

**CIRCULAR 10 OF ASA 2023 – ASA NATIONAL TEAM SELECTION CRITERIA 2023**

Kindly see attached the 2023 ASA National Team Selection Criteria for the following international Championships:

- CAA African U18-U20 Championships
- World Athletics Championships
- World Athletics Championships – Marathon , Road Running and IAU 50km Championships

Kind Regards,

TERRENCE MAGOGODELA  
ASA ACEO  
*(Not signed due to electronic sending)*

James MOLOI (President) Shireen NOBLE (Vice President)  
Jean VERSTER (Chair Track & Field) Hendrick MOKGANYETSI (Chair Athletes)  
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Mluleki GEORGE

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**ASA SELECTION CRITERIA  
2<sup>nd</sup> AFRICAN U18 AND U20  
COMBINED CAA CHAMPIONSHIPS  
LUSAKA, APRIL, 29, 2022- MAY 03, 2023**

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## **PARTICIPATION**

### **Age Categories**

**U18 Athletes:** any athlete aged 16 or 17 years on December 31 (born in 2006 or 2007) may compete in any event.

**U20 Athletes:** any athlete aged 18 or 19 years on December 31 (born in 2004 or 2005) may compete in any event.

### **Selection Process**

- **For the U18,** The winners (ONE (01) athlete) of each individual event at the 2023 ASA U18/U20 National Championships with the Qualifying standard as from 1<sup>st</sup> January 2023 – 25<sup>th</sup> March 2023 will automatically be selected for the 2023 CAA African U18 Championships.
- The maximum events in which an U18 athlete may participate are two (02) individual events plus one relay.
- However, if the two individual events are races, only one of these two individual races may exceed 200m.
- **For the U20,** The winners (ONE (01) athlete) of each individual event at the 2023 ASA U18/U20 National Championships with the Qualifying standard as from 1<sup>st</sup> January 2023 – 25<sup>th</sup> March 2023 will automatically be selected for the 2023 CAA African U20 Championships.

## ENTRY CRITERIA

QUALIFICATION STANDARD FOR THE U18 EVENTS					QUALIFICATION STANDARDS FOR THE U20 EVENTS				
Boys		Event	Girls		Men		Event	Women	
Standard			Standard		Standard			Standard	
10.90	1	100m	12.30	1	10.58	1	100m	11.85	1
22.25	1	200m	25.35	1	21.38	1	200m	24.35	1
49.45	1	400m	57.20	1	47.35	1	400m	54.85	1
01:54.50	1	800m	02:14.00	1	1:50.80	1	800m	2:08.70	1
03:59.00	1	1500m	04:34.00	1	3:48.00	1	1500m	4:28.00	1
08:44.00	1	3000m	09:50.00	1	8:14.00	1	3000m	9:25.00	1
06:05.00	1	2000m SC	07:14.00	1	14:12.00	1	5000m	16:35.00	1
14.20	1	110m H / 100m H	14.35	1	9:07.00	1	3000m SC	10:35.00	1
55.00	1	400m H	62.50	1	14.15	1	110mH / 100mH	14.15	1
2.06	1	High Jump	1.77	1	53.10	1	400m H	60.75	1
4.65	1	Pole Vault	3.80	1	2.16	1	High Jump	1.82	1
7.25	1	Long Jump	6.00	1	5.10	1	Pole Vault	4.07	1
14.80	1	Triple Jump	12.50	1	7.58	1	Long Jump	6.15	1
18.00	1	Shot Put	15.00	1	15.60	1	Triple Jump	12.90	1
55.00	1	Discus Throw	43.00	1	18.30	1	Shot Put	14.60	1
67.00	1	Hammer Throw	60.00	1	57.00	1	Discus Throw	49.00	1
65.00	1	Javelin Throw	48.00	1	68.50	1	Hammer Throw	58.00	1
6500	1	Deca/Heptathlon	4900	1	60.50	1	Javelin Throw	50.50	1
-		5000m Race Walk	25:20.00	1	7100	1	Deca/Heptathlon	5350	1
47:30.00	1	10000m RW	-		43:40.00	1	10000m Race Walk	50:30.00	1
NA	4	4x100m Relay	NA	4	No Standard	4	4x100m Relay	No Standard	4
NA	4	1000m Medley Relay	NA	4	No Standard	4	4x400m Relay	No Standard	4



**ATHLETICS SOUTH AFRICA SELECTION CRITERIA**  
**2023 WORLD ATHLETICS CHAMPIONSHIPS**  
**BUDAPEST, HUNGARY**  
**19-27 AUGUST 2023**  
**Version final**

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## 1. Overview

These Selection Criteria set out Athletics South Africa’s selection processes for the 2023 World Athletics Championships team along with the eligibility and qualification requirements that an athlete must satisfy in order to be considered for selection.

## 2. Key Dates

Qualifying Periods		
Date	Events	Notes
December 1, 2021 – May 30, 2023	Marathon and 35km Race Walk	See Appendix A for Qualifying Standards
January 31, 2022 – July 30, 2023	10,000m, 20km Race Walk, Combined Events	
July 31, 2022 – July 30, 2023	All Other Events	
Important Dates		
12 March 2023	ASA Marathon Championships	
30 March – 01st April 2023	ASA Senior Track and Field Championships	
10 March 2023	Preliminary/Squad Announcement	
21 April 2023	To submit your Preliminary Entries through EES, <a href="http://evententry.worldathletics.org">http://evententry.worldathletics.org</a> , including the price of your Quota and Area Champion Athletes’ airline ticket	
25-27 April 2023	Relay Squad Camp – Botswana Race	
01 May 2023	Team Announcement – Auto Qualification	
30 May 2023	Declaration Deadline – Final – Marathon and 35km Race Walk	
31 May 2023	World Athletics to publish Tracking List for Marathon and 35km Race Walk	
01 June 2023	Marathon Team Announcement	
01 June	To enter all your Team Members’ visa information in EES	
8 July 2023	To apply for your Team Members’ visa	
30 July 2023	Declaration Deadline – All Other Events	
02 August 2023	World Athletics to publish final Tracking List	
03 August 2023	Team Announcement (Including Provisional Selections of Additional athletes pending final WA Qualified List)	
04 August 2023 (24 hours after Team Announcement)	Deadline to Submit Appeals	
05 August 2023 (midnight, Monaco time)	World Athletics to confirm list of athletes qualified as “Next best by World Rankings”	
07 August 2023 (midnight,	World Athletics Final Entries Deadline	

Monaco time)		
08 August 2023	To verify that all your legal aged Athletes have signed electronically their Athlete Agreement and you have emailed those concerning under 18s Athletes.	
15 August 2023	Team Departure	
16 August 2023	Arrival at the Budapest	
19-27 August 2023	Competition	
28 August 2023	Team return	

### 3. Selection Process

The “WA Tracking List” refers to the “Road to Budapest 23” list maintained by World Athletics, which includes the World Rankings List and current qualification status of all athletes. The WA Tracking List can be found at: <https://www.worldathletics.org/statszone/road-to/7138987>

1.1 The “Final WA Tracking List” refers to the final WA Tracking List published on May 31, 2023 for the Marathon and 35k Walks and the final WA Tracking List published on August 2, 2023 for all other events.

1.1.1 Athletes are included on the WA Tracking List by virtue of:

1.1.2 Achieving an Entry Standard (see Appendix A);

1.1.3 Achieving Wild Card status by being:

1.1.4 Defending World Champion from 2022, or;

#### **Winner of the 2022:**

1.1.5 Diamond League

1.1.6 World Race Walking Tour (to participate in the 20km OR 35km)

1.1.7 World Combined Events Tour

1.1.8 Leading hammer performers on the Continental Tour

1.1.9 Achieving one of following at a Designated Competition:

- A top five (5) finish at a Platinum Label Marathon held during the qualification period.
- Winner of a Gold Label Marathon held in 2023.
- For the 10,000m, a quota of 8 athletes will be assigned to the top positioned athletes, not otherwise qualified through entry standards or other way, in the senior Men’s and Women’s World Ranking for Cross Country at the end of the qualification period.
- Winner of an Area Championships: (e.g. CAA Senior Championships).
- Their WA World Ranking score.

A Qualified Athlete is an Eligible Athlete who has achieved one or more of the following criteria:

An Eligible Performances listed on the WA Tracking List as:

- “Qualified By Entry Standard”
- “Qualified by Wild Card”
- “Qualified by Designated Competition”
- “Next best by World Rankings”, under the circumstances outlined in 3.5

### 3.2 Additional Places

- WA may offer ASA Additional Places at the World Championships, typically when one or more athletes or relay teams decline their place at the Championships. In these cases, WA offers the place to the next eligible athlete or relay team on the WA Final Tracking List shown as “Next best by World Rankings”.
- ASA will accept Additional Places offered within the timelines published by WA (ASA will decline any Additional Places offered after the published WA timeline.)

### 3.3 Individual Event Selection Process

#### Automatic Selections

- Athletes will be automatically selected under the following two scenarios, provided they achieve the necessary Qualifying Standard (see Appendix A) within the Qualifying Period (see section 2) and meet the eligibility requirements outlined in section 4:
- **National Champions:** The top 2 at the National championships will automatically be selected.

**NOTE:** For the purposes of selection, ties at the Nationals will be broken in the following priority order:

- Best performance within the Qualifying Period
- Head-to-head results within the Qualifying Period
- Most recently achieved standard

**Wild Cards:** athletes who achieve any of the following will be automatically selected: by “Wild Card” as:

- Defending World Champion from 2022, or;
- Winner of the 2022:
- Diamond League
- World Race Walking Tour (to participate in the 20km OR 35km)

- World Combined Events Tour
- Leading hammer performers on the Continental Tour

### **3.4 Relay Event Selection Process**

#### **Team Qualification**

\*Relay teams can qualify in one of two ways:

- First eight (8) placed teams at the 2022 World Athletics Championships.
- Be one of the best ranked teams at the end of the qualification period to fill the eight remaining places. For the purpose of being ranked, the results of relay races will be valid only on the condition that they are part of a competition staged in compliance with World Athletics Rules and that at least two different international teams, representing at least two countries, compete in the race.

### **3.5 Selections of Squad Members**

#### **Automatic Selections**

- All athletes selected to the World Athletics Championships Team for the individual 100m (4x100m) or individual 400m (4x400m) will be automatically nominated for the relevant relay squad [World Athletics rule].

## **2. Eligible Athletes**

### **2.1 Eligibility to Represent South Africa:**

- Athletes must hold South African Citizenship.
- Athletes must hold a South African passport valid until at least 6-months after the end of 2023 World Athletics Championships.

### **2.2 Membership Requirements:**

- Athletes must be a registered ASA member at the time of qualification and through the 2023 World Athletics Championships.

### **2.3 Age Restrictions**

- Under 20 Athletes – Athletes aged 18 or 19 years on 31 December 2023 (born in 2004 or 2005) may compete in any event except the Marathon and 35km Race Walk.
- Under 18 Athletes – Athletes aged 16 or 17 years on 31 December 2023 (born in 2006 or 2007), may compete in any event except the throwing events, the Combined Events, 10,000m, Marathon and the Race Walks.
- Athletes younger than 16 – No athlete younger than 16 years of age on 31 December 2023 (born in 2008 or later) may be entered.

### **2.4 Anti-doping Compliance**



- Athletes must comply with the anti-doping rules of WA, ASA, SAIDS, WADA and any other anti-doping organization with authority over the athlete.
- Athletes must complete any anti-doping eLearning courses as required.

### **2.5 Good Standing**

- Athletes must be in good standing with National federation

### **2.6 Relays**

- To be nominated for a Relay Team, athletes must sign the National Relay Team Athlete Agreement by the Final Declaration Deadline (Section 2). Note that if circumstances dictate that an athletics team member who is not part of a nominated Relay Team is selected to run a relay at the 2023 World Athletics Championships (if allowed by competition rules) then the athlete must sign the National Relay Team Athlete Agreement before competing. In these circumstances, the Head Coach can waive the deadline above.

### **2.7 Forms and Agreements**

Athletes must sign, submit and comply with all required forms and agreements, including:

- Health Questionnaire (Electronic Pre-Participation Questionnaire)
- Athlete Agreement
- Relay Agreement
- International Travel Waiver

### **2.8 Eligible Performances**

An Eligible Performance will be a competition result that:

- Was achieved within the Qualification Period (Section 2); and
- Was achieved by an Eligible Athlete (Section 4); and
- Was achieved at an Eligible Competition (Section 5); and
- Is listed on an Official Ranking List (Section 5.) prior to the relevant Selection Meeting
- Otherwise met all of the Performance Conditions

## **3. Eligible Competitions**

- Performance results must be achieved at competitions organized or authorized by the WA, their Area Associations or National Member Federations, and must be conducted under WA rules.
- Performance results must have been achieved at competitions listed on a WA National Member Federation fixture list.
- Official Ranking Lists: The WA World Rankings Points Lists are published on the WA website.

#### **4. Team Travel Obligations**

- Athletes who wish to participate on a National Team are required to comply with ASA travel plans (including participation in pre-competition and pre-target-event training camps and competitions) as they pertain to training schedules, travel and accommodation schedules.
- By declaring interest for consideration for this team, athletes agree to fully participate in both the final preparation camp and the full duration of the event specified in Section 2 of this Criteria.
- By accepting a position on this team, athletes also agree to travel on the official traveling dates.
- In extraordinary circumstances, exceptions to these Team Travel Obligations may be granted at ASA's sole discretion. The request for an exemption must be made in writing to the ASA attention [Hezekiel@athleticssa.co.za](mailto:Hezekiel@athleticssa.co.za) in advance of travel dates,
- In case of breakaway group athletes will be responsible for their travel to the World Athletics Championships and ASA will reimburse the athletes amount equivalent flight from South Africa.

#### **Deadline (Section 2)**

Failure to comply with these Team Travel Obligations may result in de-selection from this team and any additional costs incurred as a result of failure to comply with these Team Travel Obligations will be the sole responsibility of the athlete.

## 2023 WORLD ATHLETICS CHAMPIONSHIPS

### Appendix A: World Athletics Championships Entry Standards

Men	Event	Women
10.00	100m	11.08
20.16	200m	22.60
45.00	400m	51.00
1:44.70	800m	1:59.80
3:34.20 (3:51.00/3:51)	1500m (mile standard)	4:03.50 (4:22.00/4:22)
13:07.00 /13:07	5000m / 5km road	14:57.00 /14:57
27:10.00 /27:10	10,000m / 10 km road	30:40.00 /30:40
2:09:40	Marathon	2:28:00
8:15.00	3000m SC	9:23.00
13.28	110m H / 100m H	12.78
48.70	400m H	54.90
2.32	High Jump	1.97
5.81	Pole Vault	4.71
8.25	Long Jump	6.85
17.20	Triple Jump	14.52
21.40	Shot Put	18.80
67.00	Discus Throw	64.20
78.00	Hammer Throw	73.60
85.20	Javelin Throw	63.80
NA	Heptathlon	6,480
8,460	Decathlon	NA
1:20:10	20km Race Walk	1:29:20
2:29:40	35km Race Walk	2:51:30
Top 12 at WRE + 4 from Top Lists	4x100m	Top 12 at WRE + 4 from Top Lists
Top 12 at WRE + 4 from Top Lists	4x400m	Top 12 at WRE + 4 from Top Lists
Top 12 at WRE + 4 from Top Lists	4x400m Mixed	Top 12 at WRE + 4 from Top Lists



**WORLD ATHLETICS MARATHON  
ROAD RUNNING CHAMPIONSHIPS  
IAU 50K WORLD CHAMPIONSHIPS  
SELECTION CRITERIA 2023**

**1. PREAMBLE**

The 2023 World Athletics Marathon Championships are scheduled to be held in Budapest, Hungary on August 26-27, 2023 World Athletics Road Running Championships will be held in Riga, LAT on the 30th September to 01st October 2023 and IAU 50km World Championships in India on the 05<sup>th</sup> November 2023.

**2. KEY DATES**

Qualifying Periods		
Date	Events	Notes
December 1, 2021 – May 30, 2023	Marathon and 35km Race Walk	See Appendix A for Qualifying Standards
January 31, 2022 – July 30, 2023	10,000m, 20km Race Walk, Combined Events	
July 31, 2022 – July 30, 2023	All Other Events	
Important Dates		
12 March 2023	ASA Marathon Championships	
30 March – 01 <sup>st</sup> April 2023	ASA Senior Track and Field Championships	
10 March 2023	Preliminary/Squad Announcement	
21 April 2023	To submit your Preliminary Entries through EES, <a href="http://evententry.worldathletics.org">http://evententry.worldathletics.org</a> , including the price of your Quota and Area Champion Athletes' airline ticket	
25-27 April 2023	Relay Squad Camp – Botswana Race	
01 May 2023	Team Announcement – Auto Qualification	
30 May 2023	Declaration Deadline – Final – Marathon and 35km Race Walk	
31 May 2023	World Athletics to publish Tracking List for Marathon and 35km Race Walk	
01 June 2023	Marathon Team Announcement	
01 June	To enter all your Team Members' visa information in EES	
03 June	Half Marathon Championships	Half Marathon Selection
17 June	5K Championships	5K selection
8 July 2023	To apply for your Team Members' visa	
30 July 2023	Declaration Deadline – All Other Events	
01 August	Preliminary Entries	WARRC
02 August 2023	World Athletics to publish final Tracking List	
03 August 2023	Team Announcement (Including Provisional	

	Selections of Additional athletes pending final WA Qualified List)	
04 August 2023 (24 hours after Team Announcement)	Deadline to Submit Appeals	
05 August 2023 (midnight, Monaco time)	World Athletics to confirm list of athletes qualified as “Next best by World Rankings”	
07 August 2023 (midnight, Monaco time)	World Athletics Final Entries Deadline	
08 August 2023	To verify that all your legal aged Athletes have signed electronically their Athlete Agreement and you have emailed those concerning under 18s Athletes.	
15 August 2023	Team Departure	
16 August 2023	Arrival at the Budapest	
19-27 August 2023	Competition	
28 August 2023	Team return	
08 September	Final Entries	WARRC
27 September	Departure	WARRC Team Departure
30 Sept -01 <sup>st</sup> October	World Road Running Championships	
02 October	Return	WARRC Team Departure
5 November 2023	IAU 50K World Championships	India

### 3. ELIGIBILITY

To be considered for selection in any ASA team, athletes must fulfil the following criteria:

- Be a South African citizen (SA ID-document/number)
- Be in possession of a valid SA passport with an expiry date not less than 6 months after returning from the specific championships
- Be a member of a South African club, affiliated to ASA, and registered on the ASA registration system
- Be in good standing with ASA, the Provincial Federation and the club he/she is affiliated to.
- In possession of an ASA License for the relevant year and confirm that the License Declaration was signed, and respect the conditions of the ASA License.
- Familiar with the content of the “ASA Integrity Code”, and the “Basic Broadcasting, Advertising and Social
- Media Guidelines for Athletes, Coaches and Officials” in the ASA Rules and Regulations, and abides by it.
- Sign an ASA Team Declaration, International Travel Waiver if and when nominated for the Team

#### 3.1 Age Criteria

- Only athletes who are 18 years of age on the 31<sup>st</sup> December 2023 will be allegeable for selection

### 4. SELECTION CRITERIA WORLD ATHLETICS CHAMPIONSHIPS - MARATHON TEAM SELECTION

Team sizes, eligibility criteria, and selection procedures are as follows:

Selection Event(s) – Selection to South African Team for the 2023 World Athletics Marathon Championships / 2023 World Athletics Road Running Championships (hereinafter referred to as the “Championships”) Marathon: will be based on results from certain performances between December 1, 2021 and May 30, 2023, as further described below.

Events Being Contested

- Women’s Team: Marathon (3 athletes)
- Men’s Team: Marathon (3 athletes)
- Marathon 18 month from 01<sup>st</sup> December 2021 to midnight 30 May 2023 (regardless of the time zone)
- All performances must be achieved during an official competition organised in conformity with World Athletics (WA) Rules.
- All performances must be achieved during competitions organised or sanctioned by ASA.

#### **4.1 Round 1 - Automatic selections**

- The winner of the 2023 ASA Marathon Championships with World Athletics qualifying standard during the qualifying period will automatically be selected for the marathon team to world championships 2023

#### **4.2 Round 2 - All remaining eligible individual athletes**

- The number of places available in this round will only be known after the completion of Round1. Athletes will be selected in this round if they satisfy both of the following:
- Have achieved at least one qualification standard in the qualification period- 01st December 2021 to midnight 30 May 2023 (regardless of the time zone)
- AND demonstrate current form and fitness.

If more athletes satisfy the criteria above than places available, a combination of criteria will be considered (not listed /in priority order):

- The achievement of World Athletics qualification standards;
- 2022/23 World Athletics World Ranking, and 2022/23 World Athletics ‘Top List’ ranking;
- Current form;
- Head-to-heads, within the qualification period;
- Previous major competition history;
- Injury/illness status;
- Position at the relevant National Championships; and

- Performance at the relevant National Championships.

### Qualification Standards

Men	No. Athletes	Event	Women	No. Athletes
Standard			Standard	
2:09:40	3	Marathon	2:28.00	3

**Note:** Athletes should note that they are not mandated to compete at the designated National Champs events in order to be eligible. However, athletes who choose not to compete in the relevant National Championship events accept that they will not be considered for automatic selection at Round 1. Their selection will therefore be at the discretion of the Panel in Round 2.

## 5. SELECTION CRITERIA WORLD ATHLETICS ROAD RUNNING CHAMPIONSHIPS.

### 5.1 Event Programme

- The 2023 World Athletics Road Running Championships will be held in Riga, LAT on the 30<sup>th</sup> September and 01<sup>st</sup> October 2023

### 5.2 Individual events

Men	No. Athletes	Women	No. Athletes
Road Mile	1	Road Mile	1
5K	2	5K	2

### 5.3 Individual and Teams event

Men	No. Athletes	Women	No. Athletes
Half Marathon	4	Half Marathon	4

### 5.4 Team Entries

#### *Half Marathon*

Each Member federation will be allowed to enter maximum of 5 athletes (Male/Female team) AND Maximum of 4 athletes will be allowed to participate (3 athletes will count for Scoring points for team competition)

### 5.5 Selection Criteria

#### *Round 1 - Automatic selections*

- The top 3(three) finishers at the 2023 ASA Half Marathon Championships will automatically be selected for the half marathon team to world championships 2023.

***Round 2 - All remaining eligible individual athletes***

- The number of places available in this round will only be known after the completion of Round1. Athletes will be selected in this round if they satisfy both of the following:

- Demonstrate current form and fitness.

Selection criteria will be considered (not listed /in priority order):

- 2023 World Athletics World Ranking, and 2023 World Athletics ‘Top List’ ranking;
- Current form;
- Head-to-heads,
- Previous major competition history;
- Injury/illness status;
- Position at the relevant National Championships; and
- Performance at the relevant National Championships.

### **5.6 5K Road Running**

Each member federation will be allowed to enter maximum of 3 athletes (Male/Female Team) AND maximum of 2 athletes will be allowed to participate.

***Selection Criteria***

- The top 2(two) finishers at the 2023 ASA National 5k Championships will automatically be selected for the 5K team to world championships 2023.

### **5.7 Road Mile**

Each member federation will be allowed to enter maximum of 3 athletes (Male/Female Team) AND maximum of 2 athletes will be allowed to participate.

***Selection Criteria***

- The top 8 athletes at the 2023 ASA Senior National track and Field Championships will be invited to participate at the Continental Tour Challenger on the 24<sup>th</sup> April during the mile event – The Winners of Male/Women will be automatically be selected for team.



## 6. STANDARDS FOR CONSIDERATION FOR THE 2023 ASA 50 KILOMETER NATIONAL TEAM

- To be considered for the ASA 50 Kilometer National Team, runners must meet one of the following qualification standards, as well as other eligibility requirements.
- Athletes will be selected to the team based on the order of the criteria below until all the team spots are filled.

6.1 **Automatic selection** will be given to male and female athletes who finish first at the 2023 Nedbank 50km

Minimum qualifying performance standards for auto qualification and consideration:

- Male: 50 km Road or Track - Sub 3:00:00;
- Female: 50 km Road or Track - Sub 3:33:00;

6.2 **Additional selections** will be selected from the 2023 Two Ocean Ultra Marathon and Comrades Marathon performances

### Notes

- If the first South African finisher in one of the automatic qualifying races declines a position, it will be offered to the next highest finishing South African (and so on until filled) provided minimum qualification standards are met.
- Additional selections will be made by ASA Road running Commission.